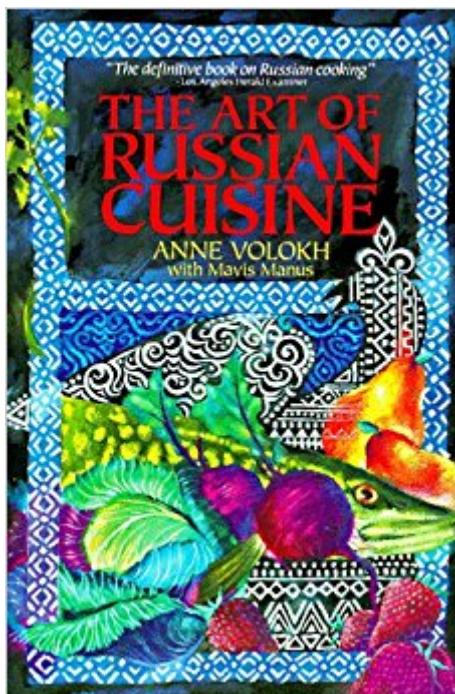


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# The Art Of Russian Cuisine



## **Synopsis**

The Art of Russian Cuisine brings 500 authentic Russian recipes into your home, along with historical and cultural background that will capture your imagination.

## **Book Information**

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## **Customer Reviews**

The Art of Russian Cuisine is almost as immense as the vast expanses of Mother Russia. Filled with 500 recipes for classic Russian dishes, it also provides a history of Russian food and culinary life. Anne Volokh, a Russian food writer who eventually emigrated to the U.S., enlivens her work by including passages from Russian literature and historical works. She concentrates on authentic cooking, often drawing recipes from A Gift to Young Housewives written by Ellena Molokhovets in the 1870s. The result brings to life how Russians ate when their rivers ran thick with fish and aristocrats had French chefs invent elaborate dishes like Veal Orloff, made with two creamy sauces. Naturally, Volokh starts with zakuski, the antipasto-like ceremony that can constitute a meal in itself; including herring, caviar, salads, even suckling pig in aspic. For soups, there are peasant-hearty borschts--which are actually Ukrainian, not Russian--and spicy Selianka, an example of upper-class cooking. In Russia, each soup has a proper garnish or accompaniment; Volokh provides them all, from sliced eggs in cold borscht to yeasty garlic rolls with the hot kind. Dishes such as Beef Stroganoff, Stuffed Cabbage, proper Bliny and Pashka (the sweetened cheese dessert), require culinary expertise, great patience, or both to make. But dishes such as Roasted Chicken with Raisin-Studded Stuffing and Baked Trout with Walnut-Based Satsivi Sauce are simple but rich. If Russian food interests you, The Art of Russian Cuisine is worth having for its traditional recipes and the enlightening exploration of their origins. --Dana Jacobi

Wonderful book of Russian cuisine. Not an easy cookbook for the beginner cook, but it has amazingly delicious and traditional recipes from all Russian regions, all from scratch. Lots of fun for people who love Russian cuisine, and for those who love to cook.

Excellent book with tasty, authentic, fun to cook recipes. I use it in my Culinary Arts classes a lot.

Finding a Russian cookbook is not difficult. Finding a Russian cookbook written in English by a knowledgeable Russian food writer is rare. This volume is an excellent updating of many classical Molokhovets recipes (the 19th century Russian cookbook) and also includes work by Edward Pohklebkin--the premier culinary writer of the late Soviet period. The book is somewhat marred by the dated, but wholly understandable, bitterness against the Soviet system which produced some serious food shortages at the time of the book was published. For anyone who wants to learn classic Russian cuisine and wants a knowledgeable Russian guide to help on that journey, this book is highly recommended

An excellent compendium of REAL Russian/Ukrainian recipes. It covers the spectrum of Russian cooking and does it well! A must have for the global cuisines aficionado! Brought back many memories of my childhood with a Russian grandfather.

The recipes are great, but the quotes that tie the food into famous Russian novels seals the deal as great. Really enjoyed making my own noodles and the beet dishes. Lots of explanations and nothing is as difficult as I imagined. Terrific cookbook.

I've been making her peroshkies for years. Copied recipie from a library book years ago so was so happy to find it was still available. Arrived in great condition, now I have all her wonderful, very Russian recipies. It's well written, with a lot of interresting explications and stories that give you an insite into the Russian culture.

Excellent Russian cook book. Bought it on my husband's advice, he is russian. Good borscht and beef stroganoff RECIPES.

Love the cookbook. Just what I wanted. Excellent condition. Shipping was fast.

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